

-----front page-----

ÖVERJÄRVA GÅRD (ÖVERJÄRVA FARM)

SOLNA NATURE SCHOOL

NINNI REINEBO — ELISABET BRÖMSTER

-----page 1-----

Welcome to Solna Nature School on Överjärva Farm!

What is Solna Nature School?

Solna Nature School offers nature and environment courses for children and adults. We give support and inspiration to start and develop environmental work.

Solna Nature School forms a part of Solna City's municipal corporation Överjärva Gård AB (Överjärva Farm Inc). Solna Nature School chiefly receives groups from Solna City, but we also welcome groups from other municipalities.

What does Solna Nature School do?

- Offer one-day courses for student groups from pre- and primary school, high school, folk school and teachers college.
- Give environmental inspiration.
- Offer competence development.
- Organize environmental networking meetings for employees within BUF (child and education service) in Solna.
- Arrange Överjärva Farm events for the general public (eg. markets and culture days) .
- Receive study visits and inform about: the Nature School's work routines, the history of Överjärva Farm, and other activities on the farm.

-----page 2-----

What does Solna Nature School want?

- Wake your senses and inspire curiosity for nature.
- Make it possible for visitors to be touched by their encounters with nature.
- Increase the understanding of the connections in nature.
- Increase the will to protect life in nature.
- Be a resource for children and adults.
- Spread knowledge and understanding for how our way of life impacts the global environment, and increase the commitment to actively improve it.
- With the help of outdoors pedagogy make knowledge and learning work together, so that amazement and fascination about nature's mysteries are stirred and deeply touch the child.

For if that happens we believe that children and adolescents, when grown-up, will make good environmental decisions.

“Learning outdoors in nature gives growing knowledge”

What courses does Solna Nature School offer?

- Climate and energy.
- Lifestyle and environment.
- Ecosystem and botany.
- The water cycle in society.
- Water ecology.
- Igelbäcken stream – water organisms.
- Spring flowers and bugs.
- Autumn and cycles in nature.
- Winter's day in the woods.
- Statardag (farmworker's day) – life on the farm i the past.

We adapt the course content so that it matches the participants' age and prior knowledge.

There are more courses – visit our website: www.overjarvagard.se

-----page 3-----

“Great alternating lectures with group exercises and time for reflexion.”

Comment from participant

Environmental inspiration for groups of employees

Do you want to environmentally adapt your workplace?

We offer environmental education in a beautiful rural atmosphere. Lectures are alternated with valuation exercises and method tips.

Course goals

To offer a basic environmental education that inspires to commitment and a desire to develop environmental work both at work and privately.

Course content

We discuss questions of lifestyle, attitudes and behavior. What ecological footprints do we leave after us on Earth? How have environmental issues changed in recent times? Facts about climate impact, energy, eco-labelling, eco-food, separation at source and recycling. We offer many good examples and provide smart solutions! The content is adapted to the client's wishes.

Prices

visit our website: www.overjarvagard.se

Food

Breakfast, lunch and coffee breaks can be booked through the farm café. Visit our website for menus.

Welcome!

Let yourselves be inspired at Överjärva farm!

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Learning outdoors...

-----back page-----

Överjärva Farm

An oasis, a meeting place, an excursion site with cultural-historical buildings in a rural environment. Exhibitions, farm shops, café, animals, farmworker (statare) museum and nature school.

The farm's beautiful old buildings contribute to the educational activity.

Are there any more nature schools?

Yes, in Sweden there are around 90 nature schools. All work with outdoors-pedagogy and belong to the Nature School Association, whose motto is: "learning outdoors".

Visit: www.naturskolan.se.

Find us

Överjärva Farm is located in Solna by the Ulriksdal field (Ulriksdalsfältet) just a little bit north of Järva krog.

Take the commuter train or any of the buses 502/505/509/540 to Ulriksdal Station. The commuter train takes 10 minutes from Stockholm Central Station, then 10 minutes walking along the Överjärva Farm road.

We welcome you to contact us

We adapt the content to your wishes.

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ÖVERJÄRVA FARM

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SUNDQVIST/ANN.SE · PHOTOGRAPHY: ELISABET BRÖMSTER, NINNI REINEBO, KARIN ERIKSSON,
HENNING ERLANDSSON, HÅKAN JERSENIUS, LARS JOHANSSON, ELSIE EKHOLM-THOR,
VERONICA GELLAND BOSTRÖM, MIA SIMM, CARINA LUNDIN · MAP ILLUSTRATION: KURT FINK ·
PRINTING: ÅTTA.45 TRYCKERI